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# HYGGE HOME DISH TOWEL

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“Hygge” – Danish word for a mood of coziness and comfortable feelings of wellness and contentment.

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Crochet Pattern

By Lady Jay Crochet

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## MATERIALS

- US I/5.50 mm hook, *or hook needed to obtain gauge.*
- Worsted Weight (category 4) cotton yarn. Approximately 245 total yards. 200 yards MC; 75 yards for each of 3 Accent Colors. *I used Knit Picks Dishie yarn.*
- Scissors.
- Measuring Tape.
- Tapestry needle for weaving in ends.

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## GAUGE

HEIGHT: 15 MBST (including CH1) = 4”

WIDTH: 13 MBST rows = 4”

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## TERMINOLOGY

-This pattern uses standard US crochet terms-

- CH = Chain
- Rep = Repeat
- SK = Skip
- St = Stitch
- Sts = Stitches
- SL-ST= Slip-Stitch
- YO = Yarn Over
- MBST = Mini Bean Stitch
- MC = Main Color (Cream)
- AC1 = Accent Color 1 (Teal)
- AC2 = Accent Color 2 (Aqua)
- AC3 = Accent Color 3 (Clementine)

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## APPROXIMATE FINISHED SIZING

\*Measurements taken with dish towel laid flat, before wear or stretching\*

SIZE	TOTAL LENGTH	TOTAL WIDTH
ONE SIZE	21”	14”

## PLEASE READ BEFORE STARTING:

### NOTES

**\*OVERVIEW:** Dish towel is worked from the bottom-up using MBST. Pattern provides instructions for one size. *Finished measurements as written provided above.*

**\*ADJUSTMENTS:** adjust length by doing more or fewer rows. Adjust width by adding or subtracting to your initial CH in increments of 2.

**\*ALWAYS CH 2 TOTAL** at the beginning of each row.

**\*BEGINNING CHAIN 2 NEVER** counted as the first stitch.

**\*CUT YARN** after each new color join.

**\*YARN:** I used Knit Picks Dishie (cotton) for this towel. Comparable yarns include: Lion Brand Re-Up, Premier Home Cotton Cone, Lion Brand 24/7 Cotton, and Hobby Lobby I Love This Cotton! **NOTE:** *Any cotton blend worsted weight (category 4) yarn may be used for this project.*

**\*WHERE TO INSERT HOOK FOR MBST:** For each row after the initial CH row, you will insert your hook into the “V” directly next to the previous row’s MBST. DO NOT insert it underneath your CH1 from previous row. *Link to video tutorial provided below.*

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### MINI BEAN STITCH (MBST) EXPLAINED

**NOTE:** *Work all steps into the same stitch. Keep loop tension loose, not tight on hook.*

**Step 1:** Insert hook into stitch, YO and pull through (2 loops on hook).

**Step 2:** YO, insert hook into same stitch, YO and pull through (4 loops on hook).

**Step 3:** YO, pull through all 4 loops.

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### TUTORIAL LINKS

**MINI BEAN STITCH:** <https://youtu.be/QDyTB3iHvZk>

## WRITTEN PATTERN

**START/Round 1: With your MC, CH 53.** MBST into 3<sup>rd</sup> CH from hook. \*CH 1, SK next CH, MBST into next CH\*. Rep from \* to \* across. (25 total MBST).

**Row 2: With your MC, CH2 and turn.** MBST in “V” space next to previous row’s MBST (shown in video tutorial). \*CH 1, SK next CH, MBST into next “V” space\*. Rep from \* to \* across.

**Rows 3-6: With your AC1, CH2 and turn.** MBST in first “V” space. \*CH 1, SK next CH, MBST into next “V” space\*. Rep from \* to \* across.

**Rows 7 & 8: With your MC, CH2 and turn.** MBST in first “V” space. \*CH 1, SK next CH, MBST into next “V” space\*. Rep from \* to \* across.

**Rows 9-12: With your AC2, CH2 and turn.** MBST in first “V” space. \*CH 1, SK next CH, MBST into next “V” space\*. Rep from \* to \* across.

**Rows 13 & 14: With your MC, CH2 and turn.** MBST in first “V” space. \*CH 1, SK next CH, MBST into next “V” space\*. Rep from \* to \* across.

**Rows 15-18: With your AC3, CH2 and turn.** MBST in first “V” space. \*CH 1, SK next CH, MBST into next “V” space\*. Rep from \* to \* across.

**Rows 19-48: With your MC, CH2 and turn.** MBST in first “V” space. \*CH 1, SK next CH, MBST into next “V” space\*. Rep from \* to \* across.

**Rows 49-52: With your AC3, CH2 and turn.** MBST in first “V” space. \*CH 1, SK next CH, MBST into next “V” space\*. Rep from \* to \* across.

**Rows 53 & 54: With your MC, CH2 and turn.** MBST in first “V” space. \*CH 1, SK next CH, MBST into next “V” space\*. Rep from \* to \* across.

**Rows 55-58: With your AC2, CH2 and turn.** MBST in first “V” space. \*CH 1, SK next CH, MBST into next “V” space\*. Rep from \* to \* across.

**Rows 59 & 60: With your MC, CH2 and turn.** MBST in first “V” space. \*CH 1, SK next CH, MBST into next “V” space\*. Rep from \* to \* across.

**Rows 61-64: With your AC1, CH2 and turn.** MBST in first “V” space. \*CH 1, SK next CH, MBST into next “V” space\*. Rep from \* to \* across.

**Rows 65 & 66: With your MC, CH2 and turn.** MBST in first “V” space. \*CH 1, SK next CH, MBST into next “V” space\*. Rep from \* to \* across.

## FINISHING

-Cut yarn.

-Using your tapestry needle, weave in all loose ends.

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### NOTES ON SALE AND DISTRIBUTION

\*Feel free to sell what you make from this pattern, giving credit to Lady Jay Crochet for the design.

\*Please **tag** @ladyjaysrock for the design when posting to social media. Use hashtag #ladyjaycrochet so I can see your finished masterpiece ☺.

\*Please **do not** alter this pattern in any way and claim as your own design.

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